



DanceSport Center

6041 Main St, Ste A, North Branch, MN 55056 (Main Office/Flagship studio)

140 N Buchanan St, #178, Cambridge, MN 55008 (appt only)

651-277-MOVE www.MNDanceSportCenter.com

Welcome to DanceSport Center!

Our mission is to provide a fun and healthy social activity to our community.

We offer a safe, modern and welcoming environment. DSC is the place where our neighbors - adults and kids - can come to make new friends, get exercise, challenge themselves physically and mentally, bond with friends and family and be entertained. Very importantly, all of this happens right here in our community - close to home.

Specifically we offer classes for adults and kids in Ballroom, Latin, Country, Line Dance, Belly Dance, Ballet, Hip Hop, Jazz, Tap, Argentine Tango, Contemporary, Clogging and Creative Movement. Students can learn in group classes, in private lessons or a combination of both. Our students join us for many different reasons - to get ready for a first dance at their wedding, to get exercise, to spend time with a spouse or significant other, to challenge themselves or one of many other reasons but most often - to have fun! You and your family can also take advantage of our music program.

Wedding couples can request a full out piece of choreography or a simple slow dance with a dip or rollout at the end. Students can also purchase wedding ceremony services provided by a licensed practitioner. Entire family groups have come in for instruction which provides a great time for bonding and recreation for the bridal couple and their families.

Our teachers are passionate about the potential and power of dance and music in all of the different genres. Nothing brings us more joy than watching our students laugh and dance and make music. We specialize in beginners too. So, no worries if you have never danced, played an instrument before or have 'two left feet'.

DanceSport Center Children's Dance Program

Our teachers are highly skilled professionals who specialize in working with children. Each one was born with a special gift. At DSC, it is our passion to be a formative influence in the life of each child we teach.

We know we are succeeding when we see

a tiny tot who throws themselves into a new activity and knows it's okay
a 'tween' gaining confidence and poise
a young man dancing his heart out

Let's face it. Teachers are role models. Our teachers both the men and the women alike know this and are honored to be a part of your child's life. It is a responsibility and a very great joy to teach children to dance.

Tracy Heinze, **our director**, holds a BA in Dance with an emphasis in Dance Therapy. She has been dancing for 29 years and teaching for over 24 years. She has studied many styles - Ballet, Jazz, Tap, Modern/Post Modern, Liturgical, Ballroom, Latin, Swing and Musical Theatre. Her coaches and teachers have included Merce Cunningham (the father of Post Modern Dance), Kathy Mohn (Liturgical), Gretchen Cohenour (Modern), Sharon Bauer (Ballet), Nancy Hauser (another legend in Post Modern), Heidi Hauser (Modern), Bill Davies (US Ballroom Champion) and his daughter Wendi Davies, Timothy and Michelle Mason (International Standard Champions), Dan Messenger (US Ballroom Champion), Corky Ballas (ABC TV - Dancing with the Stars) and Shirley Johnson (US International Latin Champions), Jean-Marc Genereaux (So You Think You Can Dance/Canadian Latin Champion), Kerry Wilson (Canadian Champion), David Kloss (US Int'l Standard Champion) and many others.

Combined - our staff and affiliates have about 100 years of experience. Our backgrounds differ and our specialties vary widely. It is a well trained group of professionals.

Our facilities are modern, safe and well appointed. We have forgiving floors, high quality mirrors, ballet barres, an amazing sound system and great acoustics. Parents can watch the kids anytime. Dance is a family affair. We love seeing your children dance and succeed. We want you to see it too!

Each class is meant to be an important part of the experience for the kids. Your children will learn to dance not just learn a dance for a recital or a competition. The goal of the classes is to help your children grow. Many parents come to us tired of the recital and competition grind. Dancers get bored and discouraged when the entire class is spent learning one routine that they cannot wait to forget. We are not a competition studio. While we have not ruled out participating in competitions, we currently have no plans on sending our combo class dancers to competition.

Your child and your family will not be asked to sell bread, candles, candy or anything else to raise money for our dance studio. This practice is something we are absolutely opposed to. We have low key in studio showcases that are free to family members. We feel this is an important time for you to see your child dance and also a good time to visit with other parents and families in the DSC community. This also means that we do not require massive fees for costumes. Usually those costumes will be worn once. We feel this is not the best use of your money. We want the kids to dance more.

We also have a dress code. Our dancers dress modestly and comfortably.

Our music choices reflect our values as well. For our children's classes, we actively search for and use music that is not offensive and does not promote violence. The music we play is current and fun.

Each dancer is taught Ballet because it is the foundation of all dancing. It builds strength, agility and flexibility. Even social dance students warm up with Ballet exercises. There is no 'back row' syndrome at DSC. Each student is given attention, corrections and encouragement.

A glimpse of the future -

Academy level classes are planned for the near future. We know that some of our dancers will choose to deepen their dance experience. Some may wish for a greater challenge, some may want to spend more time dancing a specific style and others may start on a track to a career as a professional dancer in performance and/or teaching. Soon our students will be able to take full length academy level technique classes. We will also be hosting periodic dance symposiums featuring world class coaches.

Why high level technique? It is our deep desire to form a true dance company whose mission it is to give back to and strengthen our communities.

DRESS CODE AND PROCEDURES

Hair

Long hair is to be pulled back in a binder and secured at sides with clips. Hair of any length should be clipped so that it is out of the dancer's eyes. Any loose sort of head band or hair decorations must be removed before entering the dance studio.

Shoes

Upon registration, your teacher will take a measurement of your child's feet and record their street shoe size. Ballet shoes will be ordered for your child. Girls will wear pink leather Split sole. Boys will wear black leather split sole for ballet.

Hip Hop shoes for younger ages can be sensible non-marking sneakers with a tread that is not aggressive. Split sole sneakers are encouraged but not required.

Ballet shoes may be substituted for Jazz shoes.

Contemporary may be done barefoot but we may recommend that your dancer wear lyrical slippers. Teacher will

explain.

Creative movement will be done in ballet shoes.

Tap shoes and taps for Tap class.

As we begin, Social Dance students will not be required to purchase special shoes. For Social Dance, shoes must be fastened to the foot securely and with a non-marking sole. Sneakers are not ideal. Shoes must be clean and dry and with a sole that allows the foot to turn on the floor. Dancers should not wear their shoes in. Stocking feet are not allowed. As your dancer advances through the levels, it will become necessary to purchase shoes.

Attire

Ballet attire for girls - modest dark color leotard, pink tights and ballet shoes. Ballet attire for boys will be a form fitting plain white t-shirt, black athletic pants that are secured at waist and not baggy. No jeans. These guidelines apply to Contemporary as well. Ladies may wear Ballet skirts for both.

Tap attire for younger ages will be the same as Ballet. For two older groups, light workout pants may be worn. Same applies for Jazz.

Hip-Hop attire for boys and girls is the same as Tap.

Clogging attire - please see Ms Sheryl at your first class.

Social Dance students will wear white tops with no print and dark colors pants or skirts. Sleeveless tops are not recommended.

No hats unless they are part of the class props.

Bare midriffs and 'boy pants' with bare legs are not allowed.

Misc

Your dancer will need a simple dance bag and a water bottle.

Drop off and pick up

If someone other than a parent is picking up your child, you must notify us prior to that date. It is not okay to drop off your child early or pick up late. Limited seating space is available.

Tuition

Programs and curriculum are planned to roughly match the school year. Payments will be taken every 8 weeks. Continuity is very important. Steady attendance is expected.

Housekeeping

Kids are asked to wash their hands before class. Parents' assistance with this will be greatly appreciated. Eating in the studios is discouraged. Fast food is not allowed. If your child has a cell phone, it must be turned off and left in their dance bag during class. No student will be allowed to answer phone during class.

Weather

From time to time, we may have to cancel classes due to weather. We will make every effort to make this decision at least 2 hours before class begins. At that time we will call or email each family. Current contact information is very important.

Sick Days

If your dancer is ill please call 651.277.6683 as soon as you know that he or she will not be able to attend class. Generally, no credits are given for missed classes.